

A2 Mental Health Track

Moderator: Enid Hunkeler, Kaiser Permanente Northern California Division of Research

Speakers: Enid Hunkeler, Kaiser Permanente Northern California Division of Research,
Arne Beck, Kaiser Permanente Colorado Clinical Research Unit

This session will feature presentations of recent research findings from effectiveness trials of depression care management conducted with different patient populations. In addition, research findings will be presented demonstrating the cost effectiveness of high quality depression care from the employer/purchaser perspective. Finally, new technologies for web-based care management strategies for bipolar disorder will be presented. Future directions for these research agendas will be discussed. Following the 20-minute presentations, there will be a 30-minute discussion with the audience on crosscutting issues.

Objectives for this session include the following:

1. Understand the effectiveness of depression care management models in diverse populations (older patients, those with chronic illness).
2. Understand the business case for high quality depression care.
3. Become familiar with the role of web technology in enhancing care management approaches for serious mental illness.